



What if separation meant a fresh start?

Are you getting separated?
Do you need a broader perspective on the situation?
Are things difficult during this separation or with family members?

A family mediation social worker can help you turn this situation into a new beginning.

CHALLENGES TO ANTICIPATE

- Redefining your shared custody
- Sharing time with the children
- Defining financial needs
- Sharing the family wealth
- Addressing common interests

WHAT WE'LL DO TOGETHER

- Pay attention to what the children have to say and their needs, and place their interests at the heart of discussions
- Clarify the needs of all those involved
- Establish an optimal parenting plan, tailored to your family
- Implement an efficient parental communication method with regard to the children
- Share parental duties
- Freely decide on all issues concerning family break-up and reorganization
- Draft agreements made during mediation

YOU CAN COUNT ON MY...

- Attention and empathy
- Expertise in helping relationships
- Ability to facilitate communication and exchanges
- Ability to take into consideration the needs of all those concerned, their interactions and environments
- Knowledge and skills with regard to the legal and financial aspects of separation
- Confidentiality obligation
- Impartiality



Are you eligible for free
family mediation sessions?

You may qualify for free family mediation sessions as part of a program offered by the Ministère de la Justice, in collaboration with the Canadian Family Justice Fund. The number of sessions may vary based on your situation.

For more information, visit
<https://bit.ly/3rXJQfn>



Find a family mediator

Find an accredited family mediation social worker.

For more information, visit
www1.otstcfq.org/mediation-familiale-TS

Lire la version française de ce dépliant:
www1.otstcfq.org/nouveau-depart



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